



Where great taste and healthy lifestyles meet!

100% Crushed[®]

Increase your profitable smoothie sales with Dr. Smoothie's healthy taste sensations



5 FULL SERVINGS OF FRUIT & VEGETABLES PER 20oz BEVERAGE

100% Fruit & Vegetables

No Artificial Ingredients

Shelf Stable

Operator Benefits:

- Increase customers and sales
- Healthy beverages increase sales
- Attracts new customer base





"84% of customers age 18-24 want to see more fast-food restaurants offer smoothies."
—QSR Smart Chain



100% Crushed[®] Fruit & Vegetable Smoothie Concentrate

Meet the demand for healthier beverages and watch your annual profits grow when you offer the healthiest smoothie to your customers. 100% Crushed is the authentic fruit smoothie that tastes sensational and your customers will love.

100% Fruit Freshness

Dr. Smoothie has set the industry standard with our 100% Crushed[®] Fruit Concentrate. Sweetened with the juice of pear, apple, grape and pineapple, these special blends meet the USDA's 100% fruit dietary guidelines. Just one 20oz smoothie provides over five servings of fruit!

Sensational Flavor

Flavor is what sets Dr. Smoothie apart from the rest. Dr. Smoothie carefully blends numerous varieties of fruit for a unique and satisfying taste experience.

Unmatched Quality

All fruit is not created equal. Dr. Smoothie travels the world to source only the finest vine-ripened fruit for our 100% Crushed[®] Fruit Concentrate. You will taste the difference.

Healthy & Nutritious

With *five servings* of fruit and /or vegetables in each 20oz smoothie, 100% Crushed delivers a cost-effective method of getting your five-a-day.

Gluten Free
Lactose Free
Vegan

Enjoy healthy profits by adding fruit smoothies to your menu. Call your sales representative to learn how.

21 Sensational 100% Crushed Flavors

Item	Flavor	Item	Flavor
		2014	Northwest Berry
2044	Banana Smoothie	2070	Northwest Red Apple Orchard*
2135	Beetroot and Berries	2060	Orange Tangerine
2050	Blueberry Banana	2030	Peach Pear Apricot*
2120	Butternut Squash Mango	2040	Pineapple Paradise*
2130	Carrot Ginger with Orange	2061	Smooth Lime
2125	Carrot Orange	2000	Strawberry*
2046	Forbidden Fruit	2002	Strawberry Banana
2010	Four Berry Blend*	2055	Tropical Sunshine
2064	Lemonade*	2080	Wild Cherry Cranberry
2020	Mango Tropics*		

Strawberry

Nutrition facts for all flavors available upon request. Subject to change without notice.

Nutrition Facts	
Serving Size: 2.5 fl oz (8 oz reconL.)	
Servings Per Container: Approx. 18	
Amount Per Serving	
Calories 130	Calories From Fat 0
% Daily Value*	
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 0mg	0%
Potassium 85mg	2%
Total Carbohydrate 31g	10%
Dietary Fiber 1g	4%
Sugars 28g	
Protein 0g	
Vitamin A 0%	Vitamin C 40%
Calcium 2%	Iron 2%
Riboflavin 2%	Niacin 15%
Vitamin B6 20%	Folic Acid 2%
Phosphorus 2%	Magnesium 2%

Ingredients: Strawberry Purée, White Grape Juice Concentrate, Pear Juice Concentrate, Natural Flavors, Fruit and Vegetable Juice for Color, Locust Bean Gum, Guar Gum.

Unit Size 46 fl oz Case 6 units Weight 23 lb

*Also available in 2.125 gallon bag-in-box

